





CALCUTTA SLEEPWORKSHOP 2024

20th & 21st JULY, 2024

ORGANISED BY

SOCIETY FOR EDUCATION AND RESEARCH ON SNORING AND SLEEP APNOEA

IN ASSOCIATION WITH

INDIAN ASSOCIATION OF SURGEONS FOR SLEEP APNOEA (IASSA)

ALL INDIA INSTITUTE OF MEDICAL SCIENCES, KALYANI (AIIMS, KALYANI)



CONFERENCE BROCHURE

VENUE - AIIMS CAMPUS, KALYANI

"

Welcome Message

Warm greetings from the "Society for Education and Research on Snoring and Sleep Apnoea"!

It gives us great pleasure to officially announce the 'Calcutta Sleep Workshop 2024' to be held on 20th & 21st July 2024 at AIIMS, Kalyani campus.

There is a rapid progress in the field of sleep apnoea treatment worldwide in last few years. The new developments are not confined to a single branch of medical fraternity and sleep medicine is now a completely independent sub-speciality globally.

Hands-on training is a big gap everywhere in the field of obstructive sleep apnoea management. Residents and consultants both miss out on practical hands on training, in terms of OSA surgery, sleep endoscopy practical hands-on training in OT as it is not included in the current curriculum.

The purpose of 'Calcutta Sleep Workshop 2024' is to update students, fellows and consultants on the latest developments in the field of obstructive sleep apnoea management and impart confidence in handling such patients.

We are glad to announce that this conference format will be the first of its kind in Eastern India. The Scientific program is power packed and stalwarts from all over the country will be joining us for this academic feast.

We are expecting to see you all 'Sleep lovers' who will be upholding this branch in future.

Warm Regards



Dr. Dipankar Datta SECRETARY, IASSA ORGANISING CHAIRMAN & COURSE DIRECTOR CALCUTTA SLEEP WOKSHOP 2024

ORGANISING COMMITEE



Dr. Ramji Singh CEO, AIIMS KALYANI CHIEF PATRON



Dr. P. Vijaya Krishnan PRESIDENT, IASSA PATRON



Dr. Arunabha Sengupta
Director and Professor
IORL HNS, SSKM IPGMER Hospitals, Kolkata
PATRON



Dr. Ajay Mallick PROFESSOR AND HEAD - ENT

MEDICAL SUPERINTENDENT, AIIMS, KALYANI

PATRON

Dr. Kaushal G Sheth HONY. SECRETARY AOI ADVISOR



Dr. Dwaipayan Mukherjee PRESIDENT ELECT AOI ADVISOR



Dr. Amitabha Roychowdhury PRESIDENT AOI WB ADVISOR



Dr. Dipankar Datta
SECRETARY, IASSA
ORGANISING CHAIRMAN & COURSE DIRECTOR



Dr. Biswabina Ray
PROFESSOR AND HEAD - ANATOMY, AIIMS KALYANI
ORGANISING CO- CHAIRPERSON



Dr. Debangshu Ghosh ADDITIONAL PROFESSOR - ENT. AIIMS KALYANI ORGANISING SECRETARY



Dr. Arup Halder SENIOR CONSULTANT - PULMONOLOGY AND SLEEP, CMRI KOLKATA SCIENTIFIC CHAIRMAN



Dr. Anirban Dasgupta
ADDITIONAL PROFESSOR - ANATOMY
AIIMS KALYANI

JOINT ORGANISING SECRETARY



Dr. Anjum Naz HEAD - ANAESTHESIOLOGY AIIMS KALYANI

JOINT ORGANISING SECRETARY



Dr. Mahesh Ravikumar Jansari ASSOCIATE PROFESSOR & FACULTY IN-CHARGE - PULMONOLOGY AIIMS KALYANI JOINT ORGANISING SECRETARY

NATIONAL FACULTY

ENT



Dr. Seemab Saikh



Dr. Vikas Agarwal



Dr. Srinivas Kishore



Dr. Vidyasagar. R



Dr. P Vijaya Krishnan



Dr. Dipankar Datta



Dr. Sandeep Bansal



Dr. Kaushal G Sheth



Dr. Rahul Modi



Dr. Indranil Pal



Dr. Monoj Mukherjee

NATIONAL FACULTY

PULMO

SLEEP PHYSIOLOGY



Dr. Arup Halder



Dr. Indranil Halder



Dr. Tejas Suri



Dr. Tripat Deep Singh

DENTAL



Dr. Sukhvinder Bindra Maxillofacial Course Director -Cadaver Dissection (Skeletal Surgeries)



Dr. Souma Mitra
Orthodontics and Dentofacial
Orthopaedics.



Dr. Madhuchhanda Palit Chowdhury Pediatric and Preventive Dentistry



Dr. Kranthi Kumar R Pediatric dentistry and Dental Sleep Medicine

ALLIED



Dr. Abir Ray Anaesthesiology



Dr. Pallab Chatterjee
Paediatrics



Dr. Sarfaraz Baig Bariatrics



Dr. Arijit Ghosh Cardiology

SCIENTIFIC AGENDA

DAY 1 - 20th July 2024				
Time	Session			
10:00 - 10:15	Introduction to OSA Dr. Dipankar Datta			
10:15 - 10:30	Clinical Evaluation of OSA in OPD Dr. Indranil Pal			
10:30 - 10:45	Surgical Anatomy of Upper Airway Dr. Sreenivas Kamath K			
10:45 - 11:00	Radiological Evaluation in OSA Dr. Partha Pratim Samui			
11:15 - 11:15	Maximizing Treatment Success in OSA - Power of Nasal Therapy Dr. Srinivas Kishore			
11:15 - 11:30	Tea Break			
11:30 - 11:45	Pathophysiology of OSA Dr. Rahul Modi			
11:45 - 12:00	Functional Evaluation of Upper Airway Dr. Shivam Sharma			
12:00 - 12:15	Why it is Important to Assess Levels of Obstructions in OSA : Role of DISE Dr. Sandeep Bansal			
12:15 - 12:30	Perioperative Anaesthetic Protocol in OSA Surgeries Dr. Abir Ray			
12:30 - 13:00	Soft Tissue Surgeries in OSA Dr. Vikas Agarwal			
13:00 - 13:15	Decision Making in Palatal Surgeries: Which Surgery When? Dr. Vidyasagar R			
13:15 - 13:30	Tips & Tricks in Palatal Surgery Dr. P Vijayakrishnan			
	Lunch			
13:30 - 14:30	Hands on DISE Workshop Surgical Faculty Dr. Dipankar Datta, Dr. P Vijayakrishnan Anaesthetic Faculty Dr. Abir Ray, Dr. Anjum Naaz			
14:30 - 15:00	PSG : Level I/ Level III : When and How ? Dr. Arup Halder			
15:00 - 15:30	Interpretation of Level I and Level III PSG Dr. Tripat D Singh			
15:30 - 15:50	Titration : How I do it ? Dr. Tejas Suri			
15:50 - 16:10	Practical Insights on Allergic Rhinitis associated with other Comorbidities Dr. Dipankar Datta			
16:10 - 16:40	Inaugural Ceremony			
16:40 - 17:00	Maxillary Expansion in OSA Management: an interdisciplinary approach Dr. Sukhvinder Bindra			
17:00 - 17:20	Skeletal surgeries for OSA : the role of MMA, Genioplasty and Genioglossus advancement Dr. Sukhvinder Bindra			
17:20 - 17:35	Pre-op & Post-op Orthodontics in MMA Dr. Souma Mitra			
17:35 - 18:45	Panel Discussion on Multidisciplinary Team Management of Adult OSA Moderator: Dr. Seemab Shaikh Panelists: Dr. Srinivas Kishore (ENT), Dr. R Vidyasagar (ENT), Dr. Tejas Suri (Pulmo), Dr. Sukhvinder Bindra (Maxillofacial) , Dr. Souma Mitra (Orthodontics) , Dr. Anindita Mandal (Dietician)			
19:30 Onwards	Gala Dinner			

SCIENTIFIC AGENDA

DAY 2 - 21st July 2024						
Time	Workshop	Session				
09:00 - 10:00		Ethics & Medico-legal aspects in OSA Surgeries Dr. Seemab Shaikh				
10:00 - 11:00	Hands On Human Cadaveric Dissection Workshop	Scoring Level I PSG : Hands On Dr. Tripat D Singh Dr. Arup Halder				
11:00 - 11:30	(Treatment Planning/ Indications/ Surgical Approach/ Anticipated Sequelae & Complications/ Intra & Post op complications/ Take home points)	PAP Therapy: CPAP, APAP, BPAP. Basics, Initiation and Troubleshooting Dr. Indranil Halder				
11:30 - 12:45	Course Director. Dr. Dipankar Datta Soft Tissue Surgeries: 1. Coblation Tonsillectomy 2. Coblation Adenoidectomy * 3. Anterior Palatoplasty 4. Relocation Pharyngoplasty 5. Barbed Palatopharyngoplasty * 6. Zeta Palatopharyngoplasty 7. Tongue Base Surgery 8. Epiglottis Surgery * Course Director. Dr. Sukhvinder Bindra Skeletal Surgeries: 1. Le fort 1 osteotomy cuts 2. Bilateral Sagittal split osteotomy cuts 3. Genioplasty 4. DOME 5. SARME	PAP: Hands on workshop Faculty: Dr. Tripat D Singh Dr. Tejas Suri Dr. Indranil Halder Dr. Arup Halder (Live Workstations in Trade Area) **Interesting case demonstration with unedited Surgical Videos (15 mins Each) Surgical Faculty: Dr. P Vijaya Krishnan, Dr. Srinivas Kishore, Dr. SandeepBansal, Dr. Rahul Modi, Dr. Dipankar Datta **Parallel Session				
12:45 - 13:00	Proctors : Dr.Seemab Shaikh, Dr. Srinivas Kishore , Dr. Vidyasagar.R, Dr. P Vijaya Krishnan, Dr. Vikas Agrawal, Dr. Sandeep Bansal, Dr. Rahul Modi	Complications of OSA Surgery - What I have Learnt in last 20 years Dr. Vikas Agrawal				
13:00 - 13:15	Demonstrators : Dr.Shivam Sharma, Dr. Rahul Nahar	Cardiovascular Impact of OSA Dr. Arijit Ghosh				
13:15 - 13:30	*Subject to Availibility of Cases	All Morbidly Obese OSA Cases should get a mandatory Bariatric Referral: Myth or Reality? Dr. Sarfaraz Baig				
13:30 - 13:40		KARL STORZ SESSION				
13:40 - 13:50		MOTHERSON IRRILIC SESSION				
13:50 - 14:30	Lur	Lunch				
	E Poster Session					
Time	Ses	Session				
14:30 - 14:45	Coblation Tonsil - Adenoidectomy: Is it all in Pediatric OSA Management? Dr. Rahul Nahar					
14:45 - 15:00	Oromyofunctional Therapy and Breathing Re-training in Children Dr. Madhuchhanda Palit Chowdhury					
15:00 - 15:15	Oral appliances: A Revolution in Management of Pediatric OSA Dr. Kranthi Kumar Reddy					
15:15 - 16:00	Panel Discussion on Multidisciplinary Team Management of Pediatric OSA Moderator: Dr. Srinivas Kishore Panelists: Dr.Sandeep Bansal (ENT) , Dr. Debangshu Ghosh (ENT), Dr. Pallab Chatterjee (Pediatrics), Dr. Indranil Halder(Pulmo), Dr. Kranthi Kumar Reddy (Pediatric Dentistry)					
16:00 - 16:30	Panel Discussion with Audience: Challenges of Building Up a Sleep Apnoea Practice Moderator: Dr. Dipankar Datta					
16:30 - 17:00	Thanksgiving & Valedictory					

REGISTRATION

SI No.	Charges	Non Members	IASSA Members	CTPs/PGTs
1.	CME REGISTRATION	4000	3000	2500
2.	OBSERVERSHIP FOR CADAVARIC DISSECTION	4500	3500	2500

ACCOMMODATION PACKAGES

SI No.	Catagory	Amount
1.	2N (19th-21st July) Single Occupancy	INR 7000
2.	2N (19th-21st July) Twin Sharing (Per Person)	INR 4800
3.	1N (20th - 21st July) Single Occupancy	INR 3500
4.	1N (20th - 21st July) Twin Sharing (Per Person)	INR 2400

Please Note:

- Limited Seats Available for Hands on Workshop & will be allotted on first come first serve basis
- In case of shortage of cadavers, dissector seats will be converted to observership at the discretion of the Organizing Committee and balance amount will be refunded
- For Registration/Accommodation Guidelines & Refund/Cancellation policies please refer to our website- www.calcuttasleepcourse.com

ALL PAYMENTS TO BE MADE IN THE FOLLOWING BANK ACCOUNT:

Bank Account Details

HDFC BANK THOFC BANK

Account Name: Society for Education and Research on SSA

Account Number: 50200012798549

IFSC Code: HDFC0000018

Branch: BB 22, Sec 1, Saltlake, Saltlake City, Kolkata-700064

Contact Us:

CONFERENCE MANAGER
CINFERENCIA

Ms. Soumi Raychaudhuri Mob: +91 8017522153